

Juhyun Park, Ph.D.

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ACADEMIC APPOINTMENTS

University of Toronto Scarborough , Toronto, ON, Canada <i>Assistant Professor</i> , Departments of Psychology and Psychological Clinical Science	2024 – Present
McGill University , Montreal, Quebec, Canada <i>Postdoctoral Fellow</i> , Department of Psychology <i>Postdoctoral Researcher</i> , Department of Psychology	2023 – 2024 2021– 2023

EDUCATION and TRAINING

University at Buffalo, The State University of New York , Buffalo, NY, USA Ph.D. in Clinical Psychology, August 2021 M.A. in Psychology, June 2019	2015 – 2021
University of Texas Health Science Center at Houston/McGovern Medical School , Houston, TX, USA Predoctoral Psychology Internship	2020 – 2021
Samsung Medical Center , Seoul, South Korea Clinical Psychology Internship	2010 – 2011
Seoul National University , Seoul, South Korea M.A. in Psychology	2007 – 2009
Seoul National University , Seoul, South Korea B.A. in Psychology, <i>Summa Cum Laude</i>	2002 – 2007

LICENSURE

Registered Clinical Psychologist (Supervised Practice: No. 4066426) College of Psychologists and Behaviour Analysts of Ontario, Ontario, Canada	2025 - Present
Licensed Clinical Psychologist (License No. 874) Korean Psychological Association, South Korea	2013 – Present

HONORS and AWARDS

FRQSC Postdoctoral Fellowship , Fonds de Recherche du Québec – Société et culture (awarded for 2023-2025, but terminated early due to transition to a faculty position)	2023 – 2024
Scholarship to attend UC Davis Event-Related Potential (ERP) Boot Camp , University of California-Davis	2022
Top Ranked Abstracts from the 2022 Annual Meeting of the Society for Affective Science, Society for Affective Science	2022
Runner-up for the Robert W. Rice Memorial Award for Early Excellence in Research, University at Buffalo, The State University of New York	2019
Preliminary Finalist for Smadar Levin Award , Society for Research in Psychopathology	2018
Outstanding Research Award , Psychology Graduate Students Association, University at Buffalo, The State University of New York	2016
Presidential Fellowship , University at Buffalo, The State University of New York	2015 – 2019
Distinguished Teaching Award , Korea Polytechnic University, Siheung, South Korea	2013
Superior Academic Performance Scholarship , Seoul National University	2007 – 2008
ILJU Academic and Cultural Research Foundation Fellowship , South Korea	2003 – 2004, 2006
Superior Academic Performance Scholarship , Seoul National University	2002

COMPLETED GRANT SUPPORT

Dissertation Research Award , American Psychological Association	2020
Mark Diamond Research Fund , University at Buffalo, The State University of New York	2020
Student Grant Competition , Association for Psychological Science	2020
Runner-up for the Bugelski Dissertation Award , University at Buffalo, The State University of New York	2019

PEER-REVIEWED PUBLICATIONS

33. Kaur, K., Asnaani, A., McMahon, T. P., **Park, J.**, & Naragon-Gainey, K. (2025). Examining emotion regulation flexibility and variability in daily life among individuals seeking treatment. *Cognitive Therapy and Research*, advanced online publication. <https://doi.org/10.1007/s10608-025-10683-1>
32. Panier, L. Y. X., **Park, J.**, Kreitewolf, J., & Weinberg, A. (2024). Multiple risk markers for increases in depression symptoms across two years: Evidence from the Reward Positivity and the Error-Related Negativity. *Biological Psychology*, *193*, 108897. <https://doi.org/10.1016/j.biopsycho.2024.108897>
31. Bylsma, L. M., DeMarree, K. G., McMahon, T. P., **Park, J.**, Biehler, K. M., & Naragon-Gainey, K. (2024). Resting vagally-mediated heart rate variability in the laboratory is associated with

- momentary negative affect and emotion regulation in daily life. *Psychophysiology*, *61*(12), e14668. <https://doi.org/10.1111/psyp.14668>
30. **Park, J.**, & Naragon-Gainey, K. (2024). Positive and negative emotion regulation ability profiles: Links with strategies, goals, and internalizing symptoms. *Clinical Psychological Science*, *12*(6), 1218-1241. <https://doi.org/10.1177/21677026231226312>
 29. Sandre, A., Weinberg, A., & **Park, J.** (2024). Psychophysiology and affective processing across the lifespan: Pathways to psychopathology. *Biological Psychology*, *186*, 108740. <https://doi.org/10.1016/j.biopsycho.2023.108740>
 28. Renault, H., Freeman, C., Banica, I., Sandre, A., Ethridge, P., **Park, J.**, & Weinberg, A. (2023). Neural response to rewards moderates the within-person association between daily positive events and positive affect during a period of stress exposure. *Psychophysiology*, *60*(12), e14376. <https://doi.org/10.1111/psyp.14376>
 27. Sandre, A., **Park, J.**, Freeman, C., Banica, I., Ethridge, P., & Weinberg, A. (2023). Chronic stress in peer relationships moderates the association between pubertal development and neural response to emotional faces in adolescence. *Biological Psychology*, *181*, 108612. <https://doi.org/10.1016/j.biopsycho.2023.108612>
 26. **Park, J.**, Banica, I., & Weinberg, A. (2023). Parsing patterns of reward responsiveness: Initial evidence from latent profile analysis. *Cognitive, Affective, & Behavioral Neuroscience*, *23*, 1384-1400. <https://doi.org/10.3758/s13415-023-01110-7>
 25. Naragon-Gainey, K., DeMarree, K. G., Kyron, M. J., McMahan, T. P., **Park, J.**, & Biehler, K. (2023). Decentering from emotions in daily life: Dynamic associations with affect, symptoms, and wellbeing. *Clinical Psychological Science*, *11*(5), 841-862. <https://doi.org/10.1177/21677026221147262>
 24. **Park, J.**, Zhan, X., & Naragon-Gainey, K. (2022). Meta-analysis of the associations among constructs of intrapersonal emotion knowledge. *Emotion Review*, *14*(1), 66-83. <https://doi.org/10.1177/17540739211068036>
 23. Lee, C.W., Lee, J., Jun, J.Y., Lee, S.H., Yu, S.Y., **Park, J.**, & Kim, S.J. (2021). Associations between defense mechanisms and life satisfaction among North Korean refugees. *Annals of General Psychiatry*, *20*:18. <https://doi.org/10.1186/s12991-021-00339-1>
 22. Kim, S., **Park, J.**, Oh, S. M., Lee, M. H., Jeon, J. E., Lee, H. Y., & Lee, Y. J. (2020). Correlates of performances on computerized attention tasks in patients with insomnia disorder. *Chronobiology in Medicine*, *2*(1), 25-31. <http://dx.doi.org/10.33069/cim.2019.0031>
 21. **Park, J.**, & Naragon-Gainey, K. (2020). Is more clarity always better? An examination of curvilinear and moderated associations between emotional clarity and internalizing symptoms. *Cognition and Emotion*, *34*(2), 273-287. <http://dx.doi.org/10.1080/02699931.2019.1621803>
 20. Kim, N., Park, I., Lee, Y.J., Jun, S., Kim, S., Lee, K.H., **Park, J.**, Kim, H-K., Gwaq, A. R., Jun, J. Y., Yoo, S. Y., Lee, S. H., & Kim, S. J. (2020). Alexithymia and frontal-amygdala functional connectivity in North Korean refugees. *Psychological Medicine*, *50*(2), 334-341. <http://dx.doi.org/10.1017/S0033291719000175>

19. **Park, J.**, & Naragon-Gainey, K. (2019). Daily experiences of emotional clarity and their association with internalizing symptoms in naturalistic settings. *Emotion, 19*(5), 764-775. <http://dx.doi.org/10.1037/emo0000482>
18. Kim, S., Oh, S. M., Jeon, J. E., Lee, H. Y., Park, I., **Park, J.**, Lee, M. H., & Lee, Y. J. (2019). Sleep-related attentional bias to word stimuli in patients with insomnia disorder. *Chronobiology in Medicine, 1*(2), 69-73. <https://dx.doi.org/10.33069/cim.2019.0002>
17. Kim, N., Kang, S-G., Lee, Y.J., Kim, S.J., Kim, S., Choi, J-W., Oh, S.M., **Park, J.**, Gwaq, A.R., Kim, H-K., & Jeong, D-U. (2019). Decreased regional brain activity in response to sleep related sounds after cognitive behavioral therapy for psychophysiological insomnia. *Psychiatry and Clinical Neurosciences, 73*(5), 254–261. <https://dx.doi.org/10.1111/pcn.12822>
16. Hwang, J. Y., Kim, N., Kim, S., **Park, J.**, Choi, J-W., Kim, S. J. Kim, Kang, C-K., & Lee, Y. J. (2019). Stroop task-related brain activity in patients with insomnia: changes after cognitive-behavioral therapy for insomnia. *Behavioral Sleep Medicine, 17*(5):621-633. <http://dx.doi.org/10.1080/15402002.2018.1435546>
15. Naragon-Gainey, K., McMahon, T. P., & **Park, J.** (2018). The contributions of affective traits and emotion regulation to internalizing disorders: Current state of the literature and measurement challenges. *American Psychologist, 73*(9), 1175-1186. <http://dx.doi.org/10.1037/amp0000371>
14. Lee, Y-J., G., Kim, S., Kim, N., Choi, J-W., **Park, J.**, Kim, S.J., Gwak, A.R. (2018). Changes in subcortical resting-state functional connectivity in patients with psychophysiological insomnia after Cognitive-Behavioral Therapy. *NeuroImage: Clinical, 17*, 115-123. <https://doi.org/10.1016/j.nicl.2017.10.013>
13. Kim, S.J., Lee, Y.J., Kim, N. Kim, S., Choi, J-W., **Park, J.**, Gwak, A.R., Kang, C-K., Kang, S-G., & Jeong, D-U. (2017). Exploration of changes in the brain response to sleep-related pictures after cognitive-behavioral therapy for psychophysiological insomnia. *Scientific Reports, 7*, 12528. <http://dx.doi.org/10.1038/s41598-017-13065-0>
12. **Park, J.**, Choi, N., Kim, S.J., Kim, S., An, H., Lee, H-Y., & Lee, Y.J. (2016). The impact of celebrity suicide on subsequent suicide rates in the general population of South Korea from 1996 to 2010. *Journal of Korean Medical Science, 31*, 598-603.
11. Lee, Y.J., Kim, S., Gwak, A.R., Kim, S.J., Kang, S-G., Na, K-S., Son, Y-D.* & **Park, J***. (2016). Decreased regional gray matter volume in suicide attempters compared with suicide non-attempters in major depressive disorder. *Comprehensive Psychiatry, 67*, 59-65. <http://dx.doi.org/10.1016/j.comppsy.2016.02.013> *Co-corresponding authors
10. Lee, Y.J., Jun, J.Y., **Park, J.**, Kim, S., Gwaq, A-R., Lee, S-H., Yoo, S-Y., & Kim, S. (2016). Effects of Psychiatric Symptoms on Attention in North Korean Refugees. *Psychiatry Investigation, 13*, 480-487. <http://dx.doi.org/10.4306/pi.2016.13.5.480>
9. Lee, Y-J. G., Jun, J.Y., Lee, Y.J., **Park, J.**, Kim, S., Lee, S-H., Yu, S-Y., & Kim, S.J. (2016). Insomnia in North Korean Refugees: Association with depression and post-traumatic stress symptoms. *Psychiatry Investigation, 13*(1), 67-73. <http://dx.doi.org/10.4306/pi.2016.13.1.67>
8. Hwang, J.Y., Kang, S-G., Gwak, A.R., **Park, J.**, & Lee, Y. J. (2016). The associations of morningness-eveningness with anger and impulsivity in the general population.

Chronobiology International, 33, 200-209.
<http://dx.doi.org/10.3109/07420528.2015.1128947>

7. **Park, J.**, Jun, J.Y., Lee, Y.J., Kim, S., Lee, S-H., Yoo, S.Y., & Kim, S.J. (2015). The association between alexithymia and posttraumatic stress symptoms after multiple exposures to traumatic events in North Korean refugees. *Journal of Psychosomatic Research*, 78(1), 77-81.
<http://dx.doi.org/10.1016/j.jpsychores.2014.09.007>
6. Baek, J.H., Kim, J.S., Huh, I., Lee, K.S., **Park, J.H.**, Park, T., Ha, K., & Hong, K.S. (2015). Prevalence, behavioral manifestations and associated individual and climatic factors of seasonality in the Korean general population. *Comprehensive Psychiatry*, 57, 148-154.
<http://dx.doi.org/10.1016/j.comppsy.2014.10.014>
5. Lee, Y.J., **Park, J.**, Kim, S., Cho, S-J., & Kim, S.J. (2015). Academic performance among adolescents with behaviorally induced insufficient sleep syndrome. *Journal of Clinical Sleep Medicine*, 11(1), 61-68. <http://dx.doi.org/10.5664/jcsm.4368>
4. Kim, S.J., Kang, S-G., Cho, I.H., Lee, Y-J., Hong, J.P., **Park, J.**, & Lee, Y.J. (2015). The relationship between poor performance of attention tasks and increased suicidal ideation in adolescents. *European Child & Adolescent Psychiatry*, 24, 1361-1368.
<http://dx.doi.org/10.1007/s00787-015-0687-3>
3. Oh, H., Lee, K., Ryu, S., Noh, J., **Park, J.**, Choi, H., Kim, J-H., & Hong, K.S. (2014). Intra-individual neuropsychological test variability: A comparison of patients with schizophrenia, their siblings, and healthy controls. *Journal of Korean Neuropsychiatric Association*, 53(6), 379-385.
2. **Park, J.**, & Lee, H-J. (2013). The effects of worry specificity on anxiety and cognitive appraisal. *Cognitive Behavior Therapy in Korea*, 13(1), 33-50.
1. Kim, M.J., **Park, J.**, Baek, J.H., Lee, E.H., Kim, J-H., Choi, H., Lee, D., & Hong, K.S. (2012). Comparison of the Rorschach test characteristics between bipolar disorder and unipolar depression. *Korean Journal of Schizophrenia Research*, 15(2), 81-89.

CONTRIBUTION TO EDITED VOLUMES

3. Weinberg, A., & **Park, J.** (2024). Brain Bases of Emotion Regulation: The Late Positive Potential. In J. Gross, & F. Brett (3rd Ed.) *Handbook of Emotion Regulation*. Guilford Press.
2. Naragon-Gainey, K., McMahon, T. P., & **Park, J.** (2022). Assessment of Internalizing Spectrum. In J. L. Mihura (2nd Ed.) *The Oxford Handbook of Personality and Psychopathology Assessment*. New York, NY: Oxford University Press.
<http://doi.org/10.1093/oxfordhb/9780190092689.013.20>
1. Naragon-Gainey, K., McMahon, T. P., **Park, J.**, & Fresco, D. M. (2022). Experiences Questionnaire (EQ). In O. N. Medvedev, C. U. Krageloh, R. J. Siegert, & N. N. Singh (Eds.), *Handbook of Assessment in Mindfulness Research*. New York, NY: Springer.

MANUSCRIPTS UNDER REVIEW

Park, J., Freeman, C., Hong, S., & Weinberg, A. (revise & resubmit). Understanding cumulative and interactive effects of exposure to early life stress and proximal stress in early adulthood: A person-centered approach. *Journal of Clinical Psychology*.

INVITED TALKS

4. **Park, J.** (Oct 2025). *Regulating Both Sides: Positive and Negative Emotions in Depression and Anxiety*. Grand Rounds at Ontario Shores Centre for Mental Health Science (virtual).
3. **Park, J.** (July 2022). *Understanding Emotion Regulation and Its Association With Psychopathology*. Summer Lecture Series. Jeonbuk National University, Department of Psychology.
2. **Park, J.** (October 2021). *How Can We Better Capture Emotion Regulation and Its Association with Psychopathology?* Special Lecture Series. Seoul National University, Department of Psychology.
1. **Park, J., Jun, J.Y., Lee, Y.J., Kim, S., Lee, S-H., Yoo, S.Y., & Kim, S.J.** (May 2015). *The association between alexithymia and posttraumatic stress symptoms after multiple exposures to traumatic events in North Korean refugees*. Invited Talk. Korean Academy of Anxiety Disorders.

PAPER PRESENTATION AND SYMPOSIA

8. **Park, J., Freeman, C., Hong, S. & Weinberg, A.** (2023). Person-centered approach to understanding cumulative and interactive effects of early life stress and COVID-19 stress: Links with reward, internalizing symptoms, and alcohol use. In **J. Park & A. Sandre** (chairs), *Pathways from stress to psychopathology: The effects of stressor type and timing on markers of mental health across the lifespan*. Symposium talk presented at the 2023 APS Annual Convention.
7. Weinberg, A., Banica, I., Renault, H., & **Park, J.** (2022). The best things in life: Associations among multiple neural measures of reward sensitivity across development. Symposium talk at 2022 Annual Society for Research in Psychopathology, Philadelphia, PA, USA.
6. **Park, J., Banica, I., Freeman, C., & Weinberg, A.** (2022). Using latent profile analysis to understand associations among reward, stress, and psychopathology. In A. Weinberg (chair), *Methods & Measurement*. Symposium talk presented at Stress, Development, & Psychopathology Mini Conference, Montreal, QC, Canada.
5. **Park, J., Banica, I., & Weinberg, A.** (2022). *Parsing patterns of reward sensitivity: Initial evidence from latent profile analysis*. Flash talk at the 2022 Society for Affective Science Annual Conference (virtual).
4. Naragon-Gainey, K., DeMarree, K. G., Kyron, M. J., McMahon, T. P., **Park, J., & Biehler, K. M.** (2021). *Understanding the temporal dynamics of decentering on clinical outcomes in daily life*. Paper presented at the 41st National Conference of the Australian Association for Cognitive and Behaviour Therapy (virtual).

3. Naragon-Gainey, K., **Park, J.**, McMahon, T. P., Hageman Blair, R., & Yu, H. (2020). *Predictors and outcomes of perceived emotion regulation success in daily life*. Paper presented at the Annual Meeting of the Society for Ambulatory Assessment, Melbourne, Australia.
2. **Park, J.**, & Naragon-Gainey, K. (2018). *Daily Experiences of Emotional Clarity and Their Association with Internalizing Symptoms in Naturalistic Settings*. Paper presented at the 90th annual meeting of the Midwestern Psychological Association, Chicago, IL, USA.
1. **Park, J.**, & Lee, H-J. (2012). *The effects of concreteness of worry on pathological worry, anxiety, and cognitive appraisals about negative future events*. Oral presentation at the meeting of the Korean Clinical Psychology Association, Chuncheon, South Korea.

POSTER PRESENTATIONS

† Indicates trainee; †† Indicates undergraduate or post-bacc trainee

31. Mannarn, M. ††, Yun, C. H., & **Park, J.** (June 2026). Unraveling the unique link between intolerance of uncertainty and emotion regulation. Abstract accepted as a poster presentation at the Canadian Psychological Association 2026 Annual Convention, Montreal, ON, Canada
30. Sah, J. †, & **Park, J.** (June 2026). Believing you can regulate emotions weakens the link between negative affect and dysphoria: A daily diary study. Abstract accepted as a poster presentation at the Canadian Psychological Association 2026 Annual Convention, Montreal, ON, Canada
29. Khan, A. ††, Armstrong, G. †, Naragon-Gainey, & **Park, J.** (April 2026). Chronic interpersonal stress and daily rumination: Examining daily positive affect as a moderator. Poster to be presented at the UTSC Department of Psychology Thesis Day 2026, Toronto, ON, Canada.
28. Wang, M. ††, Legaspi, P. ††, & **Park, J.** (2026). Emotion malleability beliefs and positive affect: The mediating role of emotion regulation strategies. Poster presented at the University of Toronto Scarborough (UTSC) Undergraduate Research & Creative Forum, Toronto, ON, Canada.
27. Wong, A. ††, Sah, J. †, & **Park, J.** (2026). Self-compassion and eudaimonic well-being in college students: An examination of the moderating role of positive emotion regulation strategies. Poster presented at the University of Toronto Scarborough (UTSC) Undergraduate Research & Creative Forum, Toronto, ON, Canada.
26. Armstrong, G. †, & **Park, J.** (2026). Positive affect as a predictor for emotion regulation self-efficacy in daily life. Poster presented at the 2026 Society for Affective Science Conference Positive Emotion Preconference, Pittsburgh, PA, USA.
25. Wong, E. H. Y. †, Uliaszek, A. A. Fournier, M. A., & **Park, J.** (2026). Connecting interpersonal and intrapersonal factors: Joint contributions of coldness and emotion regulation difficulties to depressive symptoms. Poster presented at the 2026 Society for Affective Science Conference, Pittsburgh, PA, USA.
24. Legaspi, P. ††, & **Park, J.** (2026). Believing you can handle the highs and lows: Emotion regulation self-efficacy, strategies, and dysphoria in daily life. Poster presented at the 2026 Society for Affective Science Conference, Pittsburgh, PA, USA.
23. Wang, H. ††, Legaspi, P. ††, & **Park, J.** (2025). How beliefs in your ability to manage emotions affect mental health: Connecting emotion regulation self-efficacy, strategies, and depression.

Poster presented at the University of Toronto Scarborough (UTSC) Undergraduate Research & Creative Forum and the UTSC Undergraduate Research Symposium, Toronto, ON, Canada.

22. Legaspi, P.^{††}, & **Park, J.** (2025). They believed they could, so they did: The link between self-efficacy in managing positive emotions, savoring, and depression. Poster presented at the 2025 Society for Affective Science Positive Emotions Pre-Conference, Portland, OR, USA.
21. Wong, E. H. Y.[†], & **Park, J.** (2025). Intraindividual inconsistency in positive and negative emotion regulation abilities: Associations with internalizing symptoms. Poster presented at the 2025 Society for Affective Science Conference, Portland, OR, USA.
20. **Park, J.**, & Yun, C. H.^{††} (2025). Unraveling the link between intolerance of uncertainty and emotion regulation: A daily diary study. Poster presented at the 2025 Society for Affective Science Conference, Portland, OR, USA.
19. Morand-Beaulieu, S., **Park, J.**, Sandre, A., Freeman, C., & Weinberg, A. (2024). Neural response to emotional pictures in mother-daughter dyads. Poster presented at the 2024 Annual Meeting of the Society for Research in Psychopathology, Montreal, QC, Canada.
18. Panier, L.Y.X., **Park, J.**, Silva, L., Hehman, E., & Weinberg, A. (2023). Estimating within- and between-person variability in the Reward Positivity. Poster presented at the 63rd Annual Meeting of the Society for Psychophysiological Research, New Orleans, LA, USA.
17. Morand-Beaulieu, S., **Park, J.**, & Weinberg, A. (2023). Intergenerational transmission of the brain response to emotional pictures. Poster presented at the 63rd Annual Meeting of the Society for Psychophysiological Research, New Orleans, LA, USA.
16. **Park, J.**, Panier, L.Y.X., Hajcak, G., Kotov, R. & Weinberg, A. (2022). When RDoC and HiTOP meet: Person-centered and variable-centered approaches to understanding neural responses to reward and threat and associations with psychopathology. Poster presented at the 62nd Annual Meeting of the Society for Psychophysiological Research, Vancouver, BC, Canada.
15. Panier, L.Y.X., **Park, J.**, & Weinberg, A. (2022). Prospective and specific prediction of symptoms of depression and anxiety: understanding the utility of the error-related negativity and reward positivity as markers of risk. Poster presented at the 62nd Annual Meeting of the Society for Psychophysiological Research, Vancouver, BC, Canada.
14. **Park, J.**, Panier, L.Y.X., Hajcak, G., Kotov, R. & Weinberg, A. (2022). When RDoC and HiTOP meet: Person-centered and variable-centered approaches to understanding neural responses to reward and threat and associations with psychopathology. Poster presented at the 2022 Annual Meeting of the Society for Research in Psychopathology, Philadelphia, PA, USA
13. **Park, J.**, & Naragon-Gainey, K. (2021). *Emotion Regulation Ability Profiles and Their Associations with Emotion Regulation Strategy Use and Internalizing Symptoms in Naturalistic Settings*. Poster presented at the Annual Meeting of the Society for Research in Psychopathology (virtual).
12. **Park, J.**, & Naragon-Gainey, K. (2021). *Emotion Regulation Ability Profiles and Their Links with Emotion Regulation Strategies and Internalizing Symptoms*. Poster presented at the 2021 Association for Psychological Science Virtual Convention.

11. **Park, J.**, Zhan, X., & Naragon-Gainey, K. (2019). *Identifying, Differentiating, and Labeling Emotions: A Meta-Analysis of the Association Among Intrapersonal Emotion Knowledge-Related Constructs*. Poster presented at the 33rd Annual Meeting of the Society for Research in Psychopathology, Buffalo, NY, USA.
10. **Park, J.**, & Naragon-Gainey, K. (2018). *Curvilinear Relationships between Emotional Clarity and Internalizing Symptoms: Evidence from Multiple Samples and Measures*. Poster presented at the 32nd Annual Meeting of the Society for Research in Psychopathology, Indianapolis, IN, USA.
9. **Park, J.**, & Naragon-Gainey, K. (2017). *Daily Experiences of Emotional Clarity and Their Association with Internalizing Symptoms in Naturalistic Settings*. Poster presented at the 31st annual meeting of the Society for Research in Psychopathology, Denver, CO, USA.
8. **Park, J.**, & Naragon-Gainey, K. (2016). *Evidence for Curvilinear Relationships between Emotional Clarity and Internalizing Symptoms: More Clarity is Not Always Better*. Poster presented at the 50th Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY, USA.
7. Lee, Y.J., Kim, N., Kim, S.J., Gwak, A.R., Choi, J-W., Kim, S., **Park, J.**, Jeong, D-U. (2016). *Altered regional brain activity to sleep-related stimuli in patients with psychophysiological insomnia*. Poster presented at the 30th Anniversary Meeting of the Associated Professional Sleep Societies, LLC, Denver, CO, USA.
6. Lee, Y.J., Kim, N., Kim, S.J., Gwak, A.R., Choi, J-W., Kim, S., **Park, J.**, Jeong, D-U. (2016). *Changes of brain activities to sleep-related stimuli after cognitive behavior therapy in patients with psychophysiological insomnia*. Poster presented at the 30th Anniversary Meeting of the Associated Professional Sleep Societies, LLC, Denver, CO, USA.
5. **Park, J.**, Son, Y-D., Kim, S., Kim, S.J., Kang, S-G., Na, K-S., Lee, Y.J. (2015). *Regional gray matter volume differences between suicide attempters and non-attempters with major depressive disorder*. Poster presented at the 29th annual meeting of the Society for Research in Psychopathology, New Orleans, LA, USA.
4. **Park, J.**, Lee, T.H., Kim, S.J., & Lee, Y.J. (2014). *Prevalence of and risk factors for suicidal ideation of adolescents in an urban area of South Korea*. Poster presented at the 48th Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA, USA.
3. Lee, Y.J., **Park, J.**, Kim, S., Cho, S-J., & Kim, S.J. (2014). *Academic performances among adolescents with behaviorally induced insufficient sleep syndrome*. Poster presented at the 22nd Congress of the European Sleep Research Society, Tallinn, Estonia.
2. Oh, H., Noh, J., **Park, J.**, Lee, G.S., Ryu, S.H., Kim, J-H., & Hong, K.S. (2013). *Intra-individual variability across neuropsychological tests scores: A comparison of patients with schizophrenia, their siblings, and healthy controls*. Poster presented at the meeting of the Korean Clinical Psychology Association, Gwangju, South Korea.
1. **Park, J.**, Baek, J.H., Choi, J.M., Kim, J.S., Choi, J.S., Kim, J-H., & Hong, K.S. (2011). *Reliability and validity of the Korean version of Seasonal Pattern Assessment Questionnaire (K-SPAQ)*. Poster presented at the meeting of the Korean Neuropsychiatric Association, Seoul, South Korea.

EDITORIAL ACTIVITY

Special Issue Guest Editor

Ad-hoc Reviewer

Biological Psychology
Affective Science;
Cognitive Behavior Therapy in Korea;
International Journal of Psychophysiology;
Journal of Psychopathology and Behavioral Assessment;
Journal of Psychopathology and Clinical Science;
Journal of Research on Adolescence;
Psychological Assessment;
Psychophysiology;
Translational Psychiatry
Co-reviewer
Cognition and Emotion;
Journal of Abnormal Psychology;
Journal of Affective Disorders

TEACHING EXPERIENCE

Current Topics in Clinical Psychology (PSYD33H3) <i>Course Instructor</i> , University of Toronto Scarborough	2026 – Present
Ethics (CPS1901H) <i>Course Instructor</i> , University of Toronto Scarborough	2025 – Present
Mood Disorders (PSY423) <i>Course Instructor</i> , University at Buffalo, The State University of New York	2019
Abnormal Psychology (PSY322); Scientific Inquiry (PSY250); Psychological Statistics (PSY207) <i>Teaching Assistant</i> , University at Buffalo, The State University of New York	2015 – 2017
Psychology of Interpersonal Relationships <i>Adjunct Instructor</i> , Korea Polytechnic University (Siheung, South Korea)	2012 – 2014
Theory and practice of psychological assessment and counseling workshop <i>Guest Lecturer</i> , Army Comprehensive Administration School, Republic of Korea Army, South Korea	Oct 2009
Inquiry on Human Mind <i>Teaching Assistant</i> , Seoul National University	2007 – 2009

MENTORING AND ADVISING

Graduate Students

Emily Hiu Yuet Wong, University of Toronto Scarborough Clinical Psychology Master's Program (Fall 2024 – Present)

Grace Armstrong, University of Toronto Scarborough Clinical Psychology Master's Program (Fall 2025 – Present)

Jessica Sah, University of Toronto Scarborough Clinical Psychology Master’s Program (Fall 2025 – Present)

AWARDS AND FUNDING TO TRAINEES

Canada Graduate Research Scholarships-Master’s (CGRS-M) (2026-2027): Grace Armstrong & Jessica Sah (Graduate students)

Franco Vaccarino UTSC Graduate Scholarship (2025-2026): Jessica Sah (Graduate student)

UTSC Undergraduate Research & Creative Forum Finalist (2026): Melanie Wang & Alfred Wong (Undergraduate students)

Ontario Graduate Scholarship Award (2025-2026): Emily Wong (Graduate student)

Budding Scholars Research Extension Award (2025), University of Toronto Scarborough: Haiqing Wang (Undergraduate student)

UTSC Undergraduate Research Symposium Finalist (2025), University of Toronto Scarborough: Haiqing Wang (Undergraduate student)

UNIVERSITY AND DEPARTMENTAL SERVICE AT THE UNIVERSITY OF TORONTO

Curriculum Review Committee, Graduate Department of Psychological Clinical Science, University of Toronto Scarborough 2025 – Present

Research Comprehensive Examination, Graduate Department of Psychological Clinical Science, University of Toronto Scarborough 2025 – Present

Fall/Spring Program Fairs, Department of Psychology, University of Toronto Scarborough 2025 – Present

EDI Steering Committee, Department of Psychology, University of Toronto Scarborough 2024 – Present

Program Committee, Graduate Department of Psychological Clinical Science, University of Toronto Scarborough 2024 – Present

Student Evaluation Committee, Graduate Department of Psychological Clinical Science, University of Toronto Scarborough 2024 – Present

Inclusivity Committee, Graduate Department of Psychological Clinical Science, University of Toronto Scarborough 2024 – Present

Admissions Committee, Graduate Department of Psychological Clinical Science, University of Toronto Scarborough 2024 – 2025

CLINICAL EXPERIENCE

Dr. Tritt & Associates, Toronto, ON, Canada Oct 2025 – Present
Clinical Psychologist (supervised practice)

The University of Texas Health Science Center at Houston/McGovern Medical School , Houston, TX, USA <i>Predoctoral Psychology Intern</i> , Louis A. Faillace, MD, Department of Psychiatry and Behavioral Sciences	2020 – 2021
Psychological Services Center , University at Buffalo, The State University of New York, Buffalo, NY, USA <i>Student Clinician</i>	2016 – 2020
<i>Intervention Co-developer/Co-facilitator</i> of the IMPACT group (cognitive behavioral group therapy for women with a history of sexual assault)	2019
Erie County Medical Center , Buffalo, NY, USA <i>Intervention Clinician</i> , Alcohol and Drug Rehabilitation Program	2018 – 2019
<i>Intervention Co-facilitator</i> , Adolescent Psychiatric Inpatient Unit	2017 – 2018
Student Counseling Center , Department of Electrical and Computer Engineering, Seoul National University, Seoul, South Korea <i>Clinician/Clinical Psychologist</i>	2012 – 2014
Samsung Medical Center , Seoul, South Korea <i>Clinical Psychology Intern</i> , Department of Psychiatry	2010 – 2011
Center for Campus Life and Culture , Seoul National University, Seoul, South Korea <i>Student Clinician</i>	2008 – 2009

OTHER SERVICE

Ethical Principles Committee , Society for Psychophysiological Research	2025 – Present
Abstracts Review Board , Society for Affective Science	2024 – Present
	2022 – 2023
Associate Member Diversity, Equity, and Inclusion (DEI) Task Force , Society for Research in Psychopathology	2022 – 2024
Clinical Area Brown Bag Committee , Department of Psychology, McGill University	2022 – 2023
Wellness Committee , Louis A. Faillace, MD, Department of Psychiatry and Behavioral Sciences, The University of Texas Health Science Center at Houston/McGovern Medical School	2020 – 2021
Student Representative , Psychological Clinical Science Accreditation System (PCSAS)	2019 – 2021
Associate Member Committee , Society for Research in Psychopathology	2018 – 2019
SRP Newsletter Committee , Society for Research in Psychopathology	2018
Diversity Committee , Department of Psychology, University at Buffalo, The State University of New York	2017 – 2019

PROFESSIONAL AFFILIATIONS

Society for Affective Science	2022 – Present
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Society for Psychophysiological Research
Society for Research in Psychopathology
Korean Clinical Psychological Association
Korean Psychological Association

2021 – Present
2015 – Present
2007 – Present
2007 – Present